

**WAC 36-14-020 Fouls.** The following are fouls and will result in penalties if committed:

- (1) Holding or grabbing the fence;
- (2) Holding opponent's shorts or gloves;
- (3) Butting with the head;
- (4) Eye gouging of any kind;
- (5) Biting or spitting at an opponent;
- (6) Hair pulling;
- (7) Fish hooking;
- (8) Groin attacks of any kind;
- (9) Intentionally placing a finger into any orifice, or into any cut or laceration of your opponent;
- (10) Downward pointing of elbow strikes;
- (11) Small joint manipulation;
- (12) Strikes to the spine or the back of the head;
- (13) Heel kicks to the kidney;
- (14) Throat strikes of any kind including, without limitation, grabbing the trachea;
- (15) Clawing, pinching, twisting the flesh or grabbing the clavicle;
- (16) Kicking the head of a grounded opponent;
- (17) Kneeing the head of a grounded opponent;
- (18) Stomping of a grounded opponent;
- (19) The use of abusive language in the fighting area;
- (20) Any unsportsmanlike conduct that causes an injury to an opponent;
- (21) Attacking an opponent on or during the break;
- (22) Attacking an opponent who is under the care of the referee;
- (23) Timidity (avoiding contact, or consistently dropping the mouthpiece, or faking an injury);
- (24) Interference from mixed martial artists seconds;
- (25) Throwing an opponent out of the ring or caged area;
- (26) Flagrant disregard of the referee's instructions;
- (27) Spiking the opponent to the canvas onto the head or neck (pile driving); and
- (28) Attacking an opponent after the bell has sounded the end of the period of unarmed combat.

[Statutory Authority: RCW 43.24.023, 67.08.015, and 67.08.017. WSR 13-21-149, § 36-14-020, filed 10/23/13, effective 12/1/13.]